

Thursday March 2nd, 2006
5:00 PM – 5:45 PM

- The main thing I noticed about today in terms of attendance is that it CRCE starts to get really crowded around this time. I came in at 5:00 and it wasn't too crowded, there were still some open machines and people on the track were pretty scattered. But by the time I left, the signup boards were getting filled until as late as 8:00 PM and there weren't too many gaps in the track.
- Before I left I observed two girls complaining about how crowded it is now and how they thought it was ridiculous for them to come later. They signed up for 9:30 slots and kept complaining to each other on their way out.
- A machine was reserved for 5:30 and when the person came to use it, the machine was occupied. She told the other girl already using the machine that it was reserved during this time and the other girl immediately got off and cleaned it. What really struck me was how smooth and courteous the whole affair was. Barely any words exchanged except those in the beginning.
- A person who was new to CRCE asked a facility member how to use one of the treadmills. The member explained the features and how to get started on the machine.
- Some of the people on the track don't have any place to keep their Ipods or mp3 player while they run so they hold them. Today I saw a person who strapped his Ipod around his upper arm so that he wouldn't have to carry it while running.
- There was an older gentleman today who I have never seen walking on the track. What was eye-catching was the fact that he used a cane and had a large ankle brace over his right ankle. He was just doing lap after lap walking along the outer lane of the track. That is some real determination to come and exercise with a body in that type of condition.